



PROFESSIONAL WOMEN
UPON
THEIR PROFESSIONS.



A COMPEND
—OF—
DOMESTIC MEDICINE
—AND—
HOUSEHOLD REMEDIES
With The Treatment of Diseases
—OF—
ADULT AND INFANT.

Women's Health, Education, and Employment in the Long Nineteenth Century: **A Resource Guide**

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Introduction

This resource guide features primary source content from ProQuest's Gerritsen Collection of Aletta H. Jacobs, British Periodicals, and Women's Magazine Archive. Focusing on women's health and medicine, education, and employment in the long nineteenth century in England and America, this guide is structured to help students, scholars, and instructors create connections between the topics. For instance: most of these texts are written for a female readership: is that readership constructed differently between the genres? Between the readers of domestic health manuals versus essays on women becoming medical professionals? Each topic is accompanied by a brief description and questions to help generate discussions and ideas.

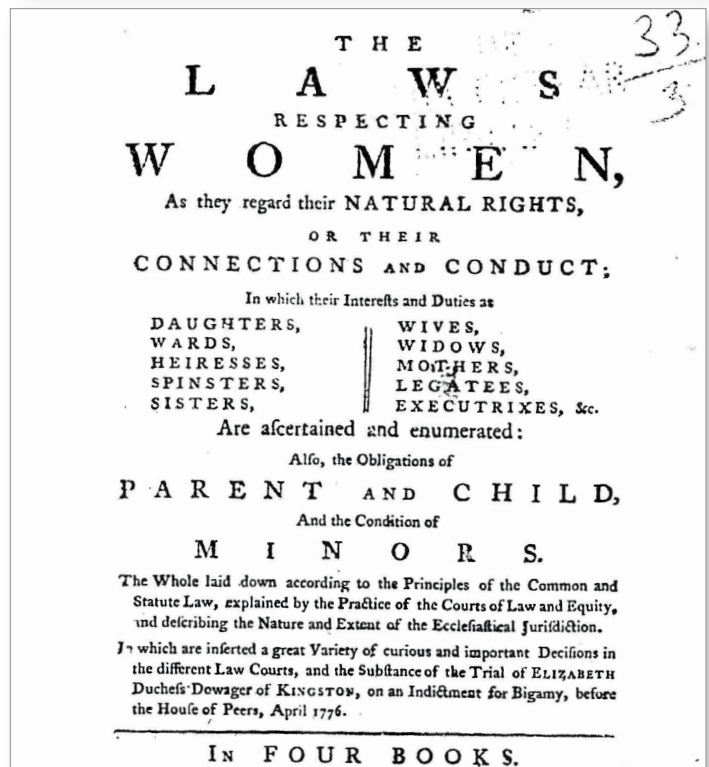
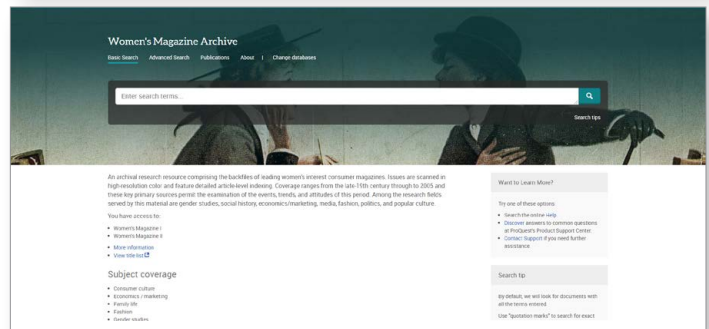
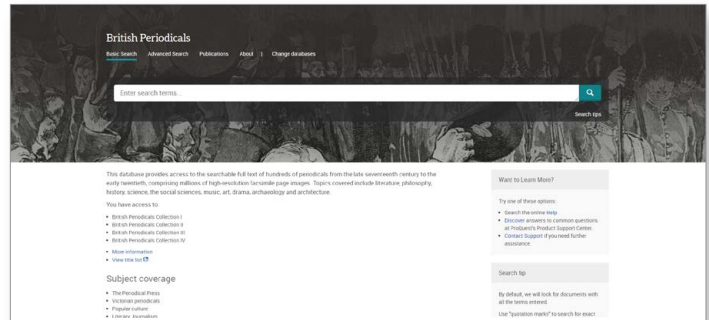
We begin with this introduction and a source on British laws affecting women to give scholars a background on the legal landscape of women's lives. The second topic is on health and medicine and features texts on women's and children's health and domestic home medicine manuals. The third topic contains texts on women's education and conduct and is designed to demonstrate the continuity between the two genres. The fourth topic is on women's employment and features census materials, essays on women's employment, and employment guides.

The Laws Respecting Women outlines laws that affect women, especially as it relates to titles, marriage, property, and children.

- *The Laws Respecting Women*. London: J. Johnson, 1777. http://gateway.proquest.com/openurl?url_ver=Z39.88-2004&res_dat=xri:gerritsen&rft_dat=xri:gerritsen:bookrec:Gerritsen-G1643

Guiding Questions:

- How are laws, conduct, and morality tied together in this text?
- What is the effect of the anecdotal examples that are given?



Health and Medicine

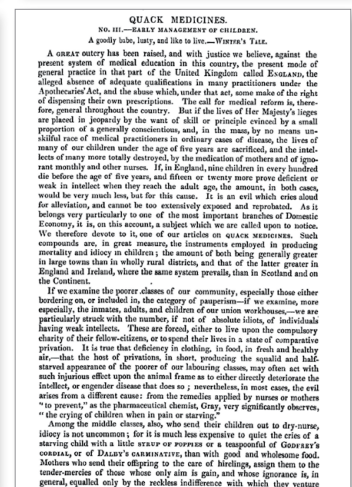
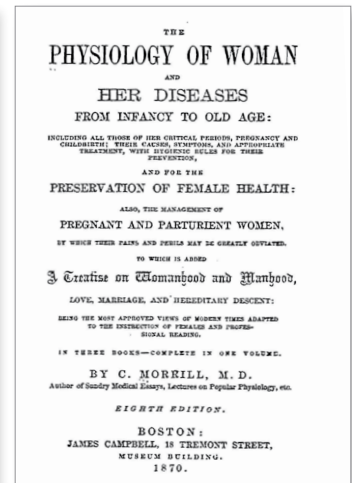
In the long nineteenth century, attending to the family's health and medical needs was often considered part of a mother's household duties. Compendiums of domestic medicine were a common household resource that mothers relied on for medical advice, and they often included a mix of what we would now think of as modern medicine and traditional folk remedies. The documents listed below include medical compendiums and periodical articles on health and medicine, management of family medicines, physical fitness, and women's education and professionalization in medicine.

Guiding Questions:

- How do the authors of the compendiums conceive of "health"? Is it solely what happens within the body?
- Why do you think domestic health manuals had such a long history of popularity? How do health manuals help us historicize both the body and healthcare?
- "Quack Medicines" is part of a series of magazine articles. This one is dedicated to warning mothers against giving their infants and children harmful medicines, including opium and Godfrey's Cordial. How does the author construct health as a moral issue? How does social class come up in the article? How are ethnicity and religion used?
- How do the articles below frame women's role in healthcare?

Readings – Medical Handbooks

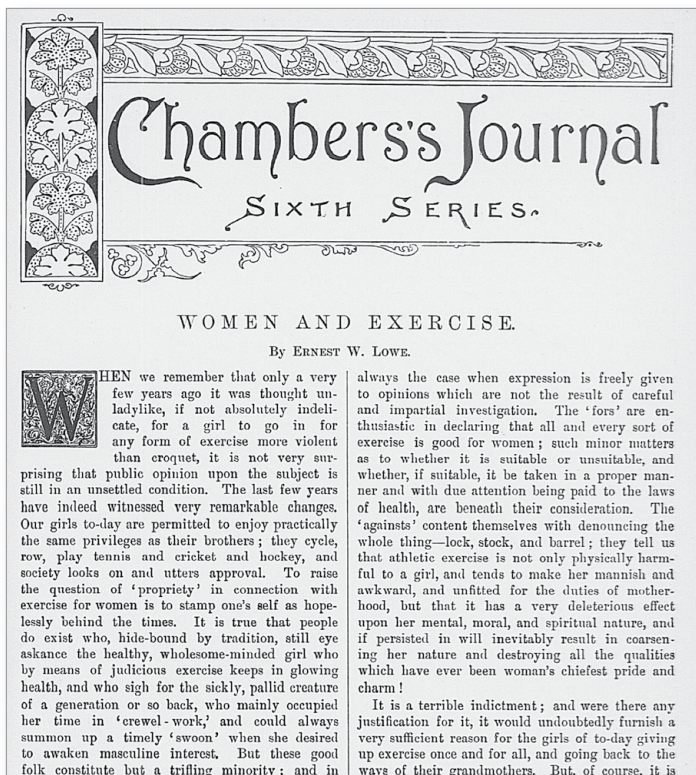
- Anonymous: *The American Lady's Medical Pocket-book, and Nursery-adviser: containing rules for preserving the health of unmarried females, directions to pregnant and lying-in women, and an account of their diseases: together with instructions for the rearing of children from the hour of their birth: and an account of the diseases of infancy.* Philadelphia: J. Kay, 1833. http://gateway.proquest.com/openurl?url_ver=Z39.88-2004&res_dat=xri:gerritsen&rft_dat=xri:gerritsen:bookrec:Gerritsen-G66.1
- Alcott, William A.: *The Young Mother: or, Management of children in regard to health.* Boston: Light & Stearns, 1836. http://gateway.proquest.com/openurl?url_ver=Z39.88-2004&res_dat=xri:gerritsen&rft_dat=xri:gerritsen:bookrec:Gerritsen-G40.3
- Hamilton, Weston G.: *A Compend of Domestic Medicine and Household Remedies, with the treatment of diseases of adult and infant ...* Greensboro, N.C.: Phillips & Stout, 1887. http://gateway.proquest.com/openurl?url_ver=Z39.88-2004&res_dat=xri:gerritsen&rft_dat=xri:gerritsen:bookrec:Gerritsen-G1165.1



- Morrill, Charles: *The Physiology of Woman and Her Diseases from Infancy to Old Age: including all those of her critical periods, pregnancy and childbirth: their causes, symptoms, and appropriate treatment, with hygienic rules for their prevention, and for the preservation of female health: also, the management of pregnant and parturient women ... to which is added a treatise on womanhood and manhood, love, marriage, and hereditary descent ... in three books—complete in one volume.* Boston: J. Campbell, 1870. http://gateway.proquest.com/openurl?url_ver=Z39.88-2004&res_dat=xri:gerritsen&rft_dat=xri:gerritsen:bookrec:Gerritsen-G1992.1

Readings – Newspaper and Journal Articles

- Anonymous: "Quack medicines." No. III.—Early management of children. *The Magazine of domestic economy.* Vol. 7 (1841) pg. 203–206. http://gateway.proquest.com/openurl?url_ver=Z39.88-2004&res_dat=xri:gerritsen&rft_dat=xri:gerritsen:articlerec:Gerritsen-GP122_Volume_7-22
- Anonymous: "Women and Medicine." *The Woman's Journal.* Vol. 10, Iss. 24, (1879): 191. http://gateway.proquest.com/openurl?url_ver=Z39.88-2004&res_dat=xri:gerritsen&rft_dat=xri:gerritsen:articlerec:Gerritsen-GP205_Volume_10_Issue_24-5



- Cobbe, Frances Power. "The Little Health of Ladies." *The Contemporary Review* Vol. 31 (1878): 276–296. <https://www.proquest.com/britishperiodicals/docview/6946461/FF1406FF003446FPQ/6>
- A Mother at Home. "The Family Medicine Chest." *Good Housekeeping*. Vol. 13 Iss. 5 (Nov 1891): 233–235. <https://www.proquest.com/wma/docview/1715562388/BC133EA40C654231PQ/12>
- Anonymous. "The First English School of Medicine for Women." *The Alexandra Magazine & English Woman's Journal*. Vol. 1, Iss. 14 (1865) pg. 321–328. http://gateway.proquest.com/openurl?url_ver=Z39.88-2004&res_dat=xri:gerritsen&rft_dat=xri:gerritsen:articler ec:Gerritsen-GP3_Volume_1_Issue_14-14
- John's Wife. "Smart Weed as a Medicine." *Ladies' Home Journal*. Vol. 7 Iss. 5 (Apr 1890): 25. <https://www.proquest.com/wma/docview/1715537296/BC133EA40C654231PQ/22>
- Knight, Charles. "On the Ill Effects of Insufficient Exercise, Constrained Positions, and Tight Stays on the Health of Young Women." *Penny Magazine of the Society for the Diffusion of Useful Knowledge*. Vol. 2, Iss. 57 (Feb. 23, 1833): 77–80. <https://www.proquest.com/britishperiodicals/docview/2787223/D79F45FC32F14270PQ/4>
- Lowe, Ernest W. "Women and Exercise." *Chambers's Journal* Vol. 3, Iss. 108 (Dec 23, 1899): 49–52. <https://www.proquest.com/britishperiodicals/docview/2623651/FF1406FF003446FPQ/12>

- Pritchard, Eric. "Physical Culture for Women." *The Pall Mall Magazine* Vol. 33 (May 1904): 141–144. <https://www.proquest.com/britishperiodicals/docview/6545010/FF1406FF003446FPQ/10>
- S. L. B. "How the Medicine Woman Is Trained." *The Sketch*. Vol. 22 Iss. 281 (Jun 15, 1898): 316. <https://www.proquest.com/britishperiodicals/docview/1638087476/DAD2A8C227C44EB7PQ/3>
- Stansfeld, James. "Medical Women." *The Nineteenth Century: A Monthly Review*. Vol. 1 Iss. 5 (Jul 1877): 888–901. <https://www.proquest.com/britishperiodicals/docview/2675121/DAD2A8C227C44EB7PQ/8>
- A Trained Nurse. "The Mother's Medicine Box." *Ladies' Home Journal*. Vol. 8 Iss. 5 (Apr 1891): 17. <https://www.proquest.com/wma/docview/1715534408/BC133EA40C654231PQ/23>

Education

Hannah More, Catherine Macaulay, Maria Edgeworth, and Mary Wollestonecraft participated in conversations regarding the education of girls and women, and their books are in clear conversation with each other. Macaulay and Wollstonecraft argue that perceived differences between men and women are only due to the differences in the education that they receive, and that women should therefore receive the same education as men. More, on the other hand, argues that there are innate differences between men and women, and that each gender has different strengths and weaknesses.

In the periodical articles listed below, authors also participate in the debate around female education. In the years closer to the twentieth century, readers will notice that the debate begins to shift from primary school to college— although many of the concerns of the debate persist as this emphasis shifts.

Guiding Questions:

- More writes: "The prevailing manners of an age depend more than we are aware, or are willing to allow, on the conduct of women; this is one of the principle hinges on which the great machine of human society turns." What does she mean by this?
- Why does Wollestonecraft criticize the education that women receive in England? What type of education does Wollestonecraft think women should receive? Why?
- What arguments did authors make against education for women?
- How do authors see education and conduct as connected?

A
B I L L

TO

Limit the Hours of Employment of Women as Bar Assistants on Premises where Intoxicating Liquors may be sold for Consumption on the Premises. A.D. 1896.

WHEREAS it is expedient to limit the hours of women employed as bar assistants on premises where intoxicating liquor is sold for consumption on the premises:

Be it therefore enacted by the Queen's most Excellent Majesty, by and with the advice and consent of the Lords Spiritual and Temporal, and Commons, in this present Parliament assembled, and by the authority of the same, as follows:

1. No woman employed as bar assistant on any premises for the sale of intoxicating liquor to be consumed on the premises shall be employed for more than ~~sixty-six hours~~ ^{Limit of sixty-six hours per week.} in any one week, nor for more than *ten hours* in any one day.

2. Any holder of a licence for the sale of intoxicating liquors to be consumed on the premises, or the agent of any such licence holder, employing or permitting to be employed any female bar assistant in contravention of this Act, shall be liable, on conviction, to a penalty not exceeding *twenty shillings* for a first offence, to a penalty not exceeding *five pounds* for a second offence, and to a penalty not exceeding *ten pounds* for a third or subsequent offence. Penalty for contravention.

3. It shall be the duty of any constable or police officer having the charge or superintendence of any licensed premises to report to his superior officer any contravention of this Act which may be brought under his notice, and such superior officer shall at once take steps to enforce the aforesaid penalties. Enforcement of Act.

4. This Act may be cited as the Women Bar Assistants (Limitation of Hours) Act, 1896. Short title.

5. This Act shall come into operation on the first day of January, one thousand eight hundred and ninety-seven. Commencement of Act.

[Bill 298.]

A Dictionary of Employments open to Women

with details of Wages,
Hours of Work,
and other Information.

§ § §

By Mrs. Philipps
Assisted by
Miss Marian Edwardes,
Miss Janet Tuckey &
Miss E. Dixon.

§ § §

Published by

The Women's Institute,

15, Grosvenor Crescent,
Hyde Park Corner, London.



Price
1/6.
Net.

- Berry, Thomas W: *Professions for Girls*. London: T.F. Unwin, 1909. http://gateway.proquest.com/openurl?url_ver=Z39.88-2004&res_dat=xri:gerritsen&rft_dat=xri:gerritsen:bookrec:Gerritsen-G233
- Drysdale, Charles R.: *Medicine as a Profession for Women*. London: C. Tucker, 1870. http://gateway.proquest.com/openurl?url_ver=Z39.88-2004&res_dat=xri:gerritsen&rft_dat=xri:gerritsen:bookrec:Gerritsen-G736
- Duffey, E. B. "Women's Work in the World: Women in Mechanical Employments." *Arthur's Illustrated Home Magazine*. Vol. 45 Iss. 4 (Apr 1877): 191. <https://www.proquest.com/britishperiodicals/docview/124501292/7C6BCEB26D354BC3PQ/6>
- "The Employment of Women." *The Speaker: The Liberal Review*. Vol. 12 (Jul 6, 1895): 9. <https://www.proquest.com/britishperiodicals/docview/6501064/87EE8A774D6A44DAPQ/20>
- Huth, Alfred Henry: *On the Employment of Women*. London: S. Low, Marston, Searle, & Rivington, 1882. http://gateway.proquest.com/openurl?url_ver=Z39.88-2004&res_dat=xri:gerritsen&rft_dat=xri:gerritsen:bookrec:Gerritsen-G1335
- Mackay, Charles. "Employment of Women." *London Review of Politics, Society, Literature, Art, and Science*. Vol. 8 Iss. 190 (Feb 20, 1864): 192. <https://www.proquest.com/britishperiodicals/docview/4363451/87EE8A774D6A44DAPQ/13>
- Mayo, Isabella Fyvie. "The Employments of Women, Part I." *Chamber's Journal*. Vol. 3 Iss. 144 (Sep 1, 1900): 628-630. <https://www.proquest.com/britishperiodicals/docview/2621300/87EE8A774D6A44DAPQ/6>
- Mayo, Isabella Fyvie. "The Employments of Women, Part II." *Chamber's Journal*. Vol. 3 Iss. 145 (Sep 8, 1900): 652-654. <https://www.proquest.com/britishperiodicals/docview/2623481/87EE8A774D6A44DAPQ/4>
- "On the Obstacles to the Employment of Women." *The English Woman's Journal*. Vol. 4, Iss. 24 (1860) pg. 361-375. http://gateway.proquest.com/openurl?url_ver=Z39.88-2004&res_dat=xri:gerritsen&rft_dat=xri:gerritsen:articlerec:Gerritsen-GP57_Volume_4_Issue_24-10
- Pfeiffer, Emily: *Women and Work: an essay treating on the relation to health and physical development, of the higher education of girls, and the intellectual or more systematised effort of women*. London: Trübner, 1888. http://gateway.proquest.com/openurl?url_ver=Z39.88-2004&res_dat=xri:gerritsen&rft_dat=xri:gerritsen:bookrec:Gerritsen-G2191
- Philipps, Leonora: *A Dictionary of Employments Open to Women: With Details of Wages, Hours of Work, and Other Information*. London: The Women's Institute, 1898. http://gateway.proquest.com/openurl?url_ver=Z39.88-2004&res_dat=xri:gerritsen&rft_dat=xri:gerritsen:bookrec:Gerritsen-G2195

- Randolph, M. E. "A Woman Operator's View of It." *Ladies' Home Journal*. Vol. 9 Iss. 8 (Jul 1892): 26. <https://www.proquest.com/wma/docview/1715504778/B8A1B410138A4F0BPQ/26>

Readings – Government Documents:

- *Census Statistics as Indicative of the Employment of Women in London*. The Englishwoman's Year Book and Directory, 1883. http://gateway.proquest.com/openurl?url_ver=Z39.88-2004&res_dat=xri:gerritsen&rft_dat=xri:gerritsen:articlerec:GP60_18830101_0101
- Great Britain. Parliament, 1896. House of Commons.: A bill to limit the hours of employment of women as bar assistants on premises where intoxicating liquors may be sold for consumption on the premises. London: Eyre and Spottiswoode, 1896. http://gateway.proquest.com/openurl?url_ver=Z39.88-2004&res_dat=xri:gerritsen&rft_dat=xri:gerritsen:bookrec:Gerritsen-G1085
- Great Britain. Poor Law Commissioners: *Reports of Special Assistant Poor Law Commissioners on the Employment of Women and Children in Agriculture*. London: W. Clowes, 1843. http://gateway.proquest.com/openurl?url_ver=Z39.88-2004&res_dat=xri:gerritsen&rft_dat=xri:gerritsen:bookrec:Gerritsen-G1086.2

These documents demonstrate the connections between health, education, and employment for women in the long nineteenth-century in Britain and America. In particular, increasing women's access to education meant that they had more professional opportunities. However, scholars will also notice the tensions between these topics: although family health was often considered a mother's responsibility, this did not immediately translate into accepting women into medical professions.

ProQuest's Gerritsen Collection of Aletta H. Jacobs, British Periodicals, and Women's Magazine Archives provides primary source materials to research the nuances around which gender was understood and discussed on these topics and more. The documents listed in this guide are just a starting point to begin to explore research paper ideas or course syllabi.

DATABASES COVERED IN THIS GUIDE

- Gerritsen Collection of Aletta H. Jacobs
- British Periodicals
- Women's Magazine Archive



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