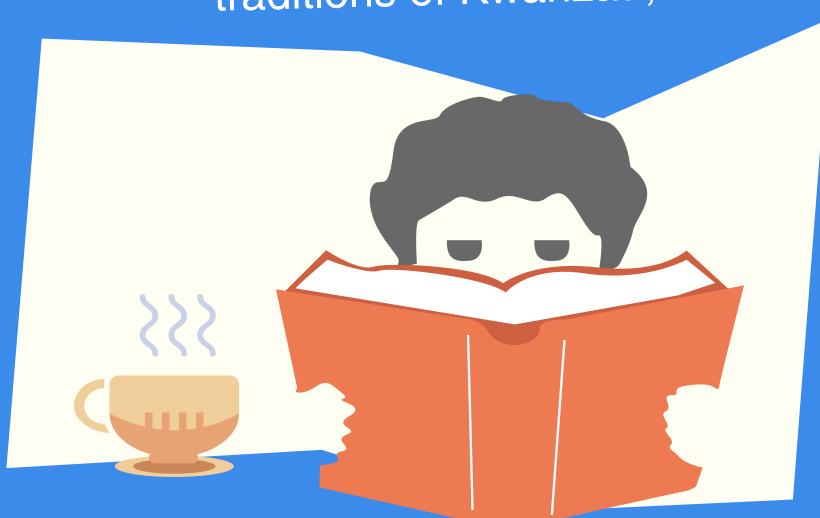




Warm Up with a Good Book

Get cozy with an engaging story from your library's collection of holiday and winter-themed books, ranging from old-fashioned classics to modern-day, winter tales. Or, engage in a little library research to discover the traditions of Kwanzaa, Hanukkah or Three Kings Day.





Need a Recommendation?

Some libraries have winterthemed book displays or offer holiday reading lists.



Bake Something Tast



Grate, Marinate & Sizzle

Cooking Programs in the Library

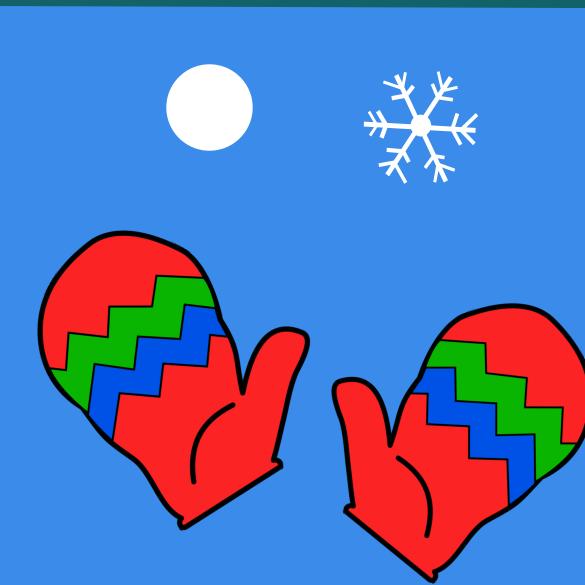
You can also find out if your library has a holiday cooking class, where you can learn how to prepare dishes ranging from simple appetizers to festive desserts.

Spread Goodwill

Help Those in Need

See if your library has opportunities to donate to those less fortunate. Your library might host a mitten or winter coat drive, for example.





You could also contact your library to see if they are collecting canned goods and other nonperishables to donate to a food pantry.

Stretch Your Holiday Budget

Spend less on gift-giving and decorating



Avoid the hectic holiday shopping by going to your library to learn about DIY handmade cards or gifts. Ask your librarian to direct you to their craft books.

> It also doesn't hurt to check your library's calendar for winter programs. Some libraries offer holiday craft-making activities, where you can get together with others to make things like ornaments, dreidels or greeting cards.



Melt Away the Winter Blues

Light Therapy Lamps

For people who suffer seasonal affective disorder in the winter months, some libraries offer full-spectrum, light therapy lamps in public areas.

season.

Programs & Resources Other libraries offer programs and resources to help people grieving over the loss of a loved one to cope during the holiday





- "Glove and Mitten Drive: December 1-15." Hillside Public Library, https://hillsidelibrary.org/glove-and-mitten-drive-december-1-15/.
- "The Holiday Blues." Denver Public Library, https://www.denverlibrary.org/event/holiday-blues. Troknya, Mark. "Library Program Combats Winter Blues." Public Libraries Online, 31 Jan. 2017, publiclibraries online.org/2017/01/library-program-combats-winterblues/.